

[Selected Diversity, Equity and Inclusion Books by Topic](#)

The purpose of the Diversity, Equity and Inclusion Books by Topic listing is to serve as a selection of books that are critical to our shared understanding to advance efforts for a more diverse, inclusive, equitable world. This is not an exhaustive list of all relevant DEI books; however, this listing does provide a suggested starting place for learning about crucial inclusion topics. We will continue to update this list over time. You can send suggested additions to inclusion@stormontvail.org.

Ageism

[Ageism, Second Edition: Stereotyping and Prejudice Against Older Persons by Nelson, Todd D.](#) Current research and theory from a range of disciplines on ageism, discussing issues from elder abuse to age discrimination against workers, revised and updated. People commonly use age to categorize and stereotype others-even though those who stereotype the elderly are eventually bound to become elderly themselves. Ageism is found cross-culturally, but it is especially prevalent in the United States, where most people regard growing older with depression, fear, and anxiety. Older people in the United States are stigmatized and marginalized, with often devastating consequences

[Ageism Unmasked: Exploring Age Bias and How to End It by Gendron, Tracey](#)

Ageism Unmasked shifts the lens, enabling us to see that we tolerate, and sometimes actively promote, attitudes and behaviors toward differently aged people that we would reject and condemn if applied to any other group. It peels back the layers to expose how cultural norms and unconscious prejudices have seeped into our lives, silently shaping our treatment of others based on their age and our own misconceptions about aging--and about ourselves.

[I'm Not Done: It's Time to Talk about Ageism in the Workplace by Rocks, Patti Temple](#)

When it comes to discrimination in the workplace, we've come a long way as a society. But there's still one systemically ignored form of discrimination that happens all the time, and it affects everyone: ageism. Ageism is real. It's widespread, insidious, and up until now, it's been largely hidden, due to the low rate of reporting from those who are pushed out of their jobs when they reach a certain age. With the largest demographic America has ever seen--baby boomers--now experiencing age discrimination at work, it's time to talk about this deeply hurtful and bad-for-business practice.

[This Chair Rocks: A Manifesto Against Ageism by Applewhite, Ashton](#)

Author, activist, and TED speaker Ashton Applewhite has written a rousing manifesto calling for an end to discrimination and prejudice on the basis of age. In our youth obsessed culture, we're bombarded by media images and messages about the despairs and declines of our later years. Beauty and pharmaceutical companies work overtime to convince people to purchase products that will retain their youthful appearance and vitality. Wrinkles are embarrassing. Gray hair should be colored and bald heads covered with implants. Older minds and bodies are too frail to keep up with the pace of the modern working world and olders should just step aside for the new generation.

[Bias](#)

[Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Eberhardt, Jennifer L.](#)

Groundbreaking.--Bryan Stevenson, New York Times bestselling author of Just Mercy. From one of the world's leading experts on unconscious racial bias come stories, science, and strategies to address one of the central controversies of our time. How do we talk about bias? How do we address

racial disparities and inequities? What role do our institutions play in creating, maintaining, and magnifying those inequities? What role do we play? With a perspective that is at once scientific, investigative, and informed by personal experience, Dr. Jennifer Eberhardt offers us the language and courage we need to face one of the biggest and most troubling issues of our time.

[Blind Spot: Hidden Biases of Good People by Greenwald Anthony & Banaji, Mahzarin](#)

I know my own mind. I am able to assess others in a fair and accurate way. These self-perceptions are challenged by leading psychologists Mahzarin R. Banaji and Anthony G. Greenwald as they explore the hidden biases we all carry from a lifetime of exposure to cultural attitudes about age, gender, race, ethnicity, religion, social class, sexuality, disability status, and nationality.

[Subtle Acts of Exclusion: How to Understand, Identify, and Stop Microaggressions by Baran, Michael & Jana, Tiffany](#)

The first practical handbook that helps individuals and organizations recognize and prevent microaggressions so that all employees can feel a sense of belonging. Our workplaces and society are growing more diverse, but are we supporting inclusive cultures? While overt racism, sexism, ableism, and other forms of discrimination are relatively easy to spot, we cannot neglect the subtler everyday actions that normalize exclusion. Many have heard the term microaggression, but not everyone fully understands what they are or how to recognize them and stop them from happening.

[Business & Workplace](#)

[Bridging Differences for Better Mentoring: Lean Forward, Learn, Leverage by Fain, Lisa & Zachary, Lois](#)

As the workplace has become more diverse, mentoring has become more challenging. Mentors and mentees may come from very different backgrounds and have limited understanding of each other's cultures and outlooks. But mentoring remains the most powerful tool for creating

meaningful relationships, furthering professional development, and increasing engagement and retention. Younger workers and emerging leaders in particular are demanding it.

[Dare to Lead: Brave Work. Tough Conversations. Whole Hearts by Brown, Brené](#)

Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work.

[Good Guys: How Men Can Be Better Allies for Women in the Workplace](#)

Women are at a disadvantage. At home, they often face an unequal division of household chores and childcare, and in the workplace, they deal with lower pay, lack of credit for their contributions, roadblocks to promotion, sexual harassment, and more. And while organizations are looking to address these issues, too many gender-inclusion initiatives focus on how women themselves should respond, reinforcing the perception that these are women's issues and that men—often the most influential stakeholders in an organization—don't need to be involved.

[How to Be an Inclusive Leader: Your Role in Creating Cultures of Belonging Where Everyone Can Thrive](#)

We know why diversity is important, but how do we drive real change at work? Diversity and inclusion expert Jennifer Brown provides a step-by-step guide for the personal and emotional journey we must undertake to create an inclusive workplace where everyone can thrive.

[Inclusify: The Power of Uniqueness and Belonging to Build Innovative Teams by Johnson, Stefanie K.](#)

Humans have two basic desires: to stand out and to fit in. Companies respond by creating groups that tend to the extreme--where everyone fits in and no one stands out, or where everyone stands out and no one fits in. How do we find that happy medium where workers can demonstrate their individuality while also feeling they belong?

[Inclusion on Purpose: An Intersectional Approach to Creating a Culture of Belonging at Work by Tulshyan, Ruchika](#)

How organizations can foster diversity, equity, and inclusion: taking action to address and prevent workplace bias while centering women of color. Few would disagree that inclusion is both the right thing to do and good for business. Then why are we so terrible at it? If we believe in the morality and the profitability of including people of diverse and underestimated backgrounds in the workplace, why don't we do it? Because, explains Ruchika Tulshyan in this eye-opening book, we don't realize that inclusion takes awareness, intention, and regular practice. Inclusion doesn't just happen; we have to work at it. Tulshyan presents inclusion best practices, showing how leaders and organizations can meaningfully promote inclusion and diversity.

[Long Life Learning: Preparing for Jobs That Don't Even Exist Yet](#)

Long Life Learning: Preparing for Jobs That Don't Even Exist Yet offers readers a fascinating glimpse into a near-future where careers last 100 years, and education lasts a lifetime. The book makes the case that learners of the future are going to repeatedly seek out educational opportunities throughout the course of their working lives -- which will no longer have a beginning, middle, and end. Long Life Learning focuses on the disruptive and burgeoning innovations that are laying the foundation for a new learning model that includes clear navigation, wraparound and funding supports, targeted education, and clear connections to more transparent hiring processes.

[#Metoo in the Corporate World: Power, Privilege, and the Path Forward by Hewlett, Sylvia Ann](#)

Economist and award-winning author Sylvia Ann Hewlett blends vivid stories with powerful new data in assessing the impact of the #MeToo movement in corporate America and provides concrete action to help executives and companies create more inclusive and safe work environments for women, people of color, and LGBTQ employees.

[The Culture Map: Breaking Through the Invisible Boundaries of Global Business by Meyer, Erin](#)

An international business expert helps you understand and navigate cultural differences in this insightful and practical guide, perfect for both your work and personal life.

[The Leader's Guide to Unconscious Bias: How to Reframe Bias, Cultivate Connection, and Create High-Performing Teams](#)

Unconscious bias affects everyone. It can look like the disappointment of an HR professional when a candidate for a new position asks about maternity leave. It can look like preferring the application of an Ivy League graduate over one from a state school. It can look like assuming a man is more entitled to speak in a meeting than his female junior colleague.

[The Memo: What Women of Color Need to Know to Secure a Seat at the Table by Harts, Minda](#)

From microaggressions to the wage gap, The Memo empowers women of color with actionable advice on challenges and offers a clear path to success.

Most business books provide a one-size-fits-all approach to career advice that overlooks the unique barriers that women of color face. In The Memo, Minda Harts offers a much-needed career guide tailored specifically for women of color.

[The Power of Disability: 10 Lessons for Surviving, Thriving, and Changing the World by Etmanski, Al](#)

This book reveals that people with disabilities are the invisible force that has shaped history. They have been instrumental in the growth of freedom and birth of democracy. They have produced heavenly music and exquisite works of art. They have unveiled the scientific secrets of the universe. They are among our most popular comedians, poets, and storytellers. And at 1.2 billion, they are also the largest minority group in the world.

[Disabilities & Ableism](#)

[A Disability History of the United States by Nielsen, Kim E.](#)

The first book to cover the entirety of disability history, from pre-1492 to the present. Disability is not only the story of someone we love or the story of whom we may become; rather it is undoubtedly the story of our nation. Covering the entirety of US history from pre-1492 to the present, A Disability History of the United States is the first book to place the experiences of disabled people at the center of the American narrative.

[Being Heumann: An Unrepentant Memoir of a Disability Rights Activist by Heumann, Judith](#)

One of the most influential disability rights activists in US history tells her personal story of fighting for the right to receive an education, have a job, and just be human. A story of fighting to belong in a world that wasn't built for all of us and of one woman's activism--from the streets of Brooklyn and San Francisco to inside the halls of Washington--Being Heumann recounts Judy Heumann's lifelong battle to achieve respect, acceptance, and inclusion in society.

[Care Work: Dreaming Disability Justice by Piepzna-Samarasinha, Leah Lakshmi](#)

In this collection of essays, Lambda Literary Award-winning writer and longtime activist and performance artist Leah Lakshmi Piepzna-Samarasinha explores the politics and realities of disability justice, a movement that centers the lives and leadership of sick and disabled queer, trans, Black, and brown people, with knowledge and gifts for all.

[Disability Visibility: First-Person Stories from the Twenty-First Century by Wong, Alice](#)

One in five people in the United States lives with a disability. Some disabilities are visible, others less apparent--but all are underrepresented in media and popular culture. Now, just in time for the thirtieth anniversary of the Americans with Disabilities Act, activist Alice Wong brings together this urgent, galvanizing collection of contemporary essays by disabled people.

[Feminist Queer Crip by Kafer, Alison](#)

In *Feminist, Queer, Crip* Alison Kafer imagines a different future for disability and disabled bodies. Challenging the ways in which ideas about the future and time have been deployed in the service of compulsory able-bodiedness and able-mindedness, Kafer rejects the idea of disability as a pre-determined limit.

[Haben: The Deafblind Woman Who Conquered Harvard Law by Girma, Haben](#)

The incredible life story of Haben Girma, the first Deafblind graduate of Harvard Law School, and her amazing journey from isolation to the world stage.

[No Pity: People with Disabilities Forging a New Civil Rights Movement by Shapiro, Joseph P.](#)

In *No Pity: People with Disabilities Forging a New Civil Rights Movement*, Joe Shapiro of U.S. News & World Report tells of a political awakening few nondisabled Americans have even imagined.

[Sitting Pretty: The View from My Ordinary Resilient Disabled Body by Taussig, Rebekah](#)

A memoir-in-essays from disability advocate and creator of the Instagram account @sitting_pretty Rebekah Taussig, processing a lifetime of memories to paint a beautiful, nuanced portrait of a body that looks and moves differently than most.

[The Collected Schizophrenias by Wang, Esme Weijun](#)

An intimate, moving book written with the immediacy and directness of one who still struggles with the effects of mental and chronic illness, *The Collected Schizophrenias* cuts right to the core. Schizophrenia is not a single unifying diagnosis, and Esmé Weijun Wang writes not just to her fellow members of the "collected schizophrenias" but to those who wish to understand it as well. Opening with the journey toward her diagnosis of schizoaffective disorder, Wang discusses the medical community's own disagreement about labels and procedures for diagnosing those with mental illness, and then follows an arc that examines the manifestations of schizophrenia in her life.

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[The Pretty One: On Life, Pop Culture, Disability, and Other Reasons to Fall in Love with Me by Brown, Keah](#)

From the disability rights advocate and creator of the #DisabledAndCute viral campaign, a thoughtful, inspiring, and charming collection of essays exploring

what it means to be black and disabled in a mostly able-bodied white America.

Gender, Sex, and Sexism

[Hood Feminism: Notes from the Women That a Movement Forgot by Kendall, Mikki](#)

Today's feminist movement has a glaring blind spot, and paradoxically, it is women. Mainstream feminists rarely talk about meeting basic needs as a feminist issue, argues Mikki Kendall, but food insecurity, access to quality education, safe neighborhoods, a living wage, and medical care are all feminist issues. All too often, however, the focus is not on basic survival for the many, but on increasing privilege for the few. That feminists refuse to prioritize these issues has only exacerbated the age-old problem of both internecine discord and women who rebuff at carrying the title. Moreover, prominent white feminists broadly suffer from their own myopia with regard to how things like race, class, sexual orientation, and ability intersect with gender. How can we stand in solidarity as a movement, Kendall asks, when there is the distinct likelihood that some women are oppressing others?

[Myths of Gender: Biological Theories about Women and Men by Fausto-Sterling, Anne](#)

By carefully examining the biological, genetic, evolutionary, and psychological evidence, a noted biologist finds a shocking lack of substance behind ideas about biologically based sex differences. Features a new chapter and afterward on recent biological breakthroughs.

[Medical Bondage: Race, Gender, and the Origins of American Gynecology by Cooper Owens, Deirdre](#)

The accomplishments of pioneering doctors such as John Peter Mettauer, James Marion Sims, and Nathan Bozeman are well documented. It is also no secret that these nineteenth-century gynecologists performed experimental caesarean sections, ovariectomies, and obstetric fistula repairs primarily on

poor and powerless women. Medical Bondage breaks new ground by exploring how and why physicians denied these women their full humanity yet valued them as "medical superbodies" highly suited for medical experimentation.

[Men Explain Things to Me by Solnit, Rebecca](#)

In her comic, scathing essay, Men Explain Things to Me, Rebecca Solnit took on what often goes wrong in conversations between men and women. She wrote about men who wrongly assume they know things and wrongly assume women don't, about why this arises, and how this aspect of the gender wars works, airing some of her own hilariously awful encounters.

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[Reproductive Injustice: Racism, Pregnancy, and Premature Birth by Davis, Dana-Ain](#)

A troubling study of the role that medical racism plays in the lives of black women who have given birth to premature and low birth weight infants Black women have higher rates of premature birth than other women in America. This cannot be simply explained by economic factors, with poorer women lacking resources or access to care. Even professional, middle-class black women are at a much higher risk of premature birth than low-income white women in the United States. Dána-Ain Davis looks into this phenomenon, placing racial differences in birth outcomes into a historical context, revealing that ideas about reproduction and race today have been influenced by the legacy of ideas which developed during the era of slavery.

[Sissy: A Coming-Of-Gender Story by Tobia, Jacob](#)

It took Jacob years to discover that being a sissy isn't something to be ashamed of. It's a source of pride. Following Jacob through bullying and beauty contests, from Duke University to the United Nations to the podiums of the Methodist church--not to mention the parlors of the White House--this unforgettable memoir contains multitudes. A deeply personal story of trauma and healing, a powerful reflection on gender and self-acceptance, and a hilarious guidebook for wearing tacky clip-on earrings in today's world, Sissy guarantees you'll never think about gender--both other people's and your own--the same way again.

[The Witches Are Coming by West, Lindy](#)

In a laugh-out-loud, incisive cultural critique, West extolls the world-changing magic of truth, urging readers to reckon with dark lies in the heart of the American mythos, and unpacking the complicated, and sometimes tragic, politics of not being a white man in the twenty-first century. She tracks the misogyny and propaganda hidden (or not so hidden) in the media she and her peers devoured growing up, a buffet of distortions, delusions, prejudice, and outright bullsh*t that has allowed white male mediocrity to maintain a death grip on American culture and politics--and that delivered us to this precarious, disorienting moment in history.

[The Will to Change: Men, Masculinity, and Love by hooks, bell](#)

Everyone needs to love and be loved -- even men. But to know love, men must be able to look at the ways that patriarchal culture keeps them from knowing themselves, from being in touch with their feelings, from loving. In The Will to Change, bell hooks gets to the heart of the matter and shows men how to express the emotions that are a fundamental part of who they are -- whatever their age, marital status, ethnicity, or sexual orientation. With trademark candor and fierce intelligence, hooks addresses the most common concerns of men, such as fear of intimacy and loss of their patriarchal place in society, in new and challenging ways.

[This Bridge Called My Back by Anzaldúa, Gloria, & Moraga, Cherrie](#)

Originally released in 1981, *This Bridge Called My Back* is a testimony to women of color feminism as it emerged in the last quarter of the twentieth century. Through personal essays, criticism, interviews, testimonials, poetry, and visual art, the collection explores, as coeditor Cherrie Moraga writes, "the complex confluence of identities-race, class, gender, and sexuality-systemic to women of color oppression and liberation." *Bridge* continues to reflect an evolving definition of feminism, one that can effectively adapt to and help inform an understanding of the changing economic and social conditions of women of color in the United States and throughout the world.

[Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity by Serano, Julia](#)

Julia Serano shares her experiences and insights--both pre- and post-transition--to reveal the ways in which fear, suspicion, and dismissiveness toward femininity shape our societal attitudes toward trans women, as well as gender and sexuality as a whole. Serano's well-honed arguments and pioneering advocacy stem from her ability to bridge the gap between the often-disparate biological and social perspectives on gender. In this provocative manifesto, she exposes how deep-rooted the cultural belief is that femininity is frivolous, weak, and passive.

[White Tears/Brown Scars: How White Feminism Betrays Women of Color by Hamad, Ruby](#)

Taking us from the slave era, when white women fought in court to keep "ownership" of their slaves, through the centuries of colonialism, when they offered a soft face for brutal tactics, to the modern workplace, *White Tears/Brown Scars* tells a charged story of white women's active participation in campaigns of oppression. It offers a long overdue validation of the experiences of women of color.

[Women, Race, & Class by Davis, Angela Y.](#)

Angela Davis provides a powerful history of the social and political influence of whiteness and elitism in feminism, from abolitionist days to the present, and demonstrates how the racist and classist biases of its leaders inevitably hampered any collective ambitions. While Black women were aided by some activists like Sarah and Angelina Grimke and the suffrage cause found unwavering support in Frederick Douglass, many women played on the fears of white supremacists for political gain rather than take an intersectional approach to liberation.

Indigenous & Native American

[An Indigenous Peoples' History of the United States by Dunbar-Ortiz, Roxanne](#)

The first history of the United States told from the perspective of indigenous peoples. Today in the United States, there are more than five hundred federally recognized Indigenous nations comprising nearly three million people, descendants of the fifteen million Native people who once inhabited this land. The centuries-long genocidal program of the US settler-colonial regimen has largely been omitted from history. Now, for the first time, acclaimed historian and activist Roxanne Dunbar-Ortiz offers a history of the United States told from the perspective of Indigenous peoples and reveals how Native Americans, for centuries, actively resisted expansion of the US empire.

[As Long as Grass Grows: The Indigenous Fight for Environmental Justice by Gilio-Whitaker, Dina](#)

Through the unique lens of "Indigenized environmental justice," Indigenous researcher and activist Dina Gilio-Whitaker explores the fraught history of treaty violations, struggles for food and water security, and protection of sacred sites, while highlighting the important leadership of Indigenous women in this centuries-long struggle. As Long As Grass Grows gives readers an accessible history of Indigenous resistance to government and corporate

incursions on their lands and offers new approaches to environmental justice activism and policy.

[Bury My Heart at Wounded Knee by Brown, Dee](#)

The landmark, bestselling account of the crimes against American Indians during the 19th century, now on its 50th Anniversary. First published in 1970, *Bury My Heart at Wounded Knee* is Dee Brown's eloquent, meticulously documented account of the systematic destruction of American Indians during the second half of the nineteenth century. A national bestseller in hardcover for more than a year after its initial publication, it has sold almost four million copies and has been translated into seventeen languages.

[Cherokee Medicine, Colonial Germs by Kelton, Paul](#)

How smallpox, or Variola, caused widespread devastation during the European colonization of the Americas is a well-known story. But as historian Paul Kelton informs us, that's precisely what it is: a convenient story. In *Cherokee Medicine, Colonial Germs* Kelton challenges the "virgin soil thesis," or the widely held belief that Natives' lack of immunities and their inept healers were responsible for their downfall. Eschewing the metaphors and hyperbole routinely associated with the impact of smallpox, he firmly shifts the focus to the root cause of indigenous suffering and depopulation--colonialism writ large; not disease.

[Covered with Night by Eustace, Nicole](#)

On the eve of a major treaty conference between Iroquois leaders and European colonists in the distant summer of 1722, two white fur traders attacked an Indigenous hunter and left him for dead near Conestoga, Pennsylvania. Though virtually forgotten today, this act of brutality set into motion a remarkable series of criminal investigations and cross-cultural negotiations that challenged the definition of justice in early America.

[Highway of Tears by McDiarmid, Jessica](#)

For decades, Indigenous women and girls have gone missing or been found murdered along an isolated stretch of highway in northwestern British Columbia. The corridor is known as the Highway of Tears, and it has come to symbolize a national crisis. Journalist Jessica McDiarmid meticulously investigates the devastating effect these tragedies have had on the families of the victims and their communities, and how systemic racism and indifference have created a climate in which Indigenous women and girls are overpoliced yet underprotected. McDiarmid interviews those closest to the victims-- mothers and fathers, siblings and friends--and provides an intimate firsthand account of their loss and unflagging fight for justice.

[The Other Slavery: The Uncovered Story of Indian Enslavement in America by Resendez, Andres](#)

Since the time of Columbus, Indian slavery was illegal in much of the American continent. Yet, as Andrés Reséndez illuminates in his myth-shattering *The Other Slavery*, it was practiced for centuries as an open secret. There was no abolitionist movement to protect the tens of thousands of Natives who were kidnapped and enslaved by the conquistadors.

[Unworthy Republic: The Dispossession of Native Americans and the Road to Indian Territory by Saunt, Claudio](#)

In May 1830, the United States launched an unprecedented campaign to expel 80,000 Native Americans from their eastern homelands to territories west of the Mississippi River. In a firestorm of fraud and violence, thousands of Native Americans lost their lives, and thousands more lost their farms and possessions. The operation soon devolved into an unofficial policy of extermination, enabled by US officials, southern planters, and northern speculators. Hailed for its searing insight, *Unworthy Republic* transforms our understanding of this pivotal period in American history.

[A People's History of The United States by Zinn, Howard](#)

Known for its lively, clear prose as well as its scholarly research, it is the only volume to tell America's story from the point of view of--and in the words of--

-America's women, factory workers, African-Americans, Native Americans, the working poor, and immigrant laborers. As Zinn shows, many of our country's greatest battles--the fights for a fair wage, an eight-hour workday, child-labor laws, health and safety standards, universal suffrage, women's rights, racial equality--were carried out at the grassroots level, against bloody resistance. Covering Christopher Columbus's arrival through President Clinton's first term, *A People's History of the United States* features insightful analysis of the most important events in our history.

[The Warmth of Other Suns: The Epic Story of America's Great Migration by Wilkerson, Isabel](#)

From 1915 to 1970, this exodus of almost six million people changed the face of America. Wilkerson compares this epic migration to the migrations of other peoples in history. She interviewed more than a thousand people, and gained access to new data and official records, to write this definitive and vividly dramatic account of how these American journeys unfolded, altering our cities, our country, and ourselves.

[Medicine](#)

[Ask Me about My Uterus: A Quest to Make Doctors Believe in Women's Pain by Norman, Abby](#)

In the fall of 2010, Abby Norman's strong dancer's body dropped forty pounds and gray hairs began to sprout from her temples. She was repeatedly hospitalized in excruciating pain, but the doctors insisted it was a urinary tract infection and sent her home with antibiotics. Unable to get out of bed, much less attend class, Norman dropped out of college and embarked on what would become a years-long journey to discover what was wrong with her. It wasn't until she took matters into her own hands--securing a job in a hospital and educating herself over lunchtime reading in the medical library--that she found an accurate diagnosis of endometriosis.

[Doing Harm: The Truth about How Bad Medicine and Lazy Science Leave Women Dismissed, Misdiagnosed, and Sick by Dusenbery, Maya](#)

In *Doing Harm*, Dusenbery explores the deep, systemic problems that underlie women's experiences of feeling dismissed by the medical system. Women have been discharged from the emergency room mid-heart attack with a prescription for anti-anxiety meds, while others with autoimmune diseases have been labeled "chronic complainers" for years before being properly diagnosed. Women with endometriosis have been told they are just overreacting to "normal" menstrual cramps, while still others have "contested" illnesses like chronic fatigue syndrome and fibromyalgia that, dogged by psychosomatic suspicions, have yet to be fully accepted as "real" diseases by the whole of the profession.

[Black & Blue: The Origins and Consequences of Medical Racism by Hoberman, John](#)

Black & Blue is the first systematic description of how American doctors think about racial differences and how this kind of thinking affects the treatment of their black patients. The standard studies of medical racism examine past medical abuses of black people and do not address the racially motivated thinking and behaviors of physicians practicing medicine today.

[Black Man in a White Coat: A Doctor's Reflections on Race and Medicine by Tweedy, Damon](#)

When Damon Tweedy begins medical school, he envisions a bright future where his segregated, working-class background will become largely irrelevant. Instead, he finds that he has joined a new world where race is front and center. The recipient of a scholarship designed to increase black student enrollment, Tweedy soon meets a professor who bluntly questions whether he belongs in medical school, a moment that crystallizes the challenges he will face throughout his career. Making matters worse, in lecture after lecture the common refrain for numerous diseases resounds, "More common in blacks than in whites."

[Bodies and Barriers: Queer Activists on Health by Kendell, Kate, Levine, Rachel, & Shanker, Adrian](#)

LGBT people pervasively experience health disparities, affecting every part of their bodies and lives. Yet many are still grappling to understand the mutually reinforcing health care challenges that lead to worsened health outcomes. Bodies and Barriers informs health care professionals, students in health professions, policymakers, and fellow activists about these challenges, providing insights and a road map for action that could improve queer health.

[Inflamed: Deep Medicine and the Anatomy of Injustice by Marya, Rupa & Patel, Raj](#)

The Covid pandemic and the shocking racial disparities in its impact. The surge in inflammatory illnesses such as gastrointestinal disorders and asthma. Mass uprisings around the world in response to systemic racism and violence. Rising numbers of climate refugees. Our bodies, societies, and planet are inflamed.

[Medical Apartheid by Washington, Harriet A.](#)

From the era of slavery to the present day, starting with the earliest encounters between Black Americans and Western medical researchers and the racist pseudoscience that resulted, Medical Apartheid details the ways both slaves and freedmen were used in hospitals for experiments conducted without their knowledge--a tradition that continues today within some black populations.

[On Immunity: An Inoculation by Biss, Eula](#)

In this bold, fascinating book, Eula Biss addresses our fear of the government, the medical establishment, and what may be in our children's air, food, mattresses, medicines, and vaccines. Reflecting on her own experience as a new mother, she suggests that we cannot immunize our children, or ourselves, against the world. As she explores the metaphors surrounding immunity, Biss extends her conversations with other mothers to meditations on the myth of Achilles, Voltaire's Candide, Bram Stoker's Dracula, Rachel Carson's Silent Spring, Susan Sontag's AIDS and Its Metaphors, and beyond.

On Immunity is an inoculation against our fear and a moving account of how we are all interconnected-our bodies and our fates.

[Reproductive Injustice: Racism, Pregnancy, and Premature Birth by Davis, Dana-Ain](#)

A troubling study of the role that medical racism plays in the lives of black women who have given birth to premature and low birth weight infants. Black women have higher rates of premature birth than other women in America. This cannot be simply explained by economic factors, with poorer women lacking resources or access to care. Even professional, middle-class black women are at a much higher risk of premature birth than low-income white women in the United States. Dána-Ain Davis looks into this phenomenon, placing racial differences in birth outcomes into a historical context, revealing that ideas about reproduction and race today have been influenced by the legacy of ideas which developed during the era of slavery.

[The Immortal Life of Henrietta Lacks by Skloot, Rebecca](#)

Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor Southern tobacco farmer who worked the same land as her slave ancestors, yet her cells--taken without her knowledge--became one of the most important tools in medicine: The first "immortal" human cells grown in culture, which are still alive today, though she has been dead for more than sixty years. HeLa cells were vital for developing the polio vaccine; uncovered secrets of cancer, viruses, and the atom bomb's effects; helped lead to important advances like in vitro fertilization, cloning, and gene mapping; and have been bought and sold by the billions.

[We've Been Too Patient: Voices from Radical Mental Health--Stories and Research Challenging the Biomedical Model by Green, L.D., & Ubozoh, Kelechi](#)

Overmedication, police brutality, electroconvulsive therapy, involuntary hospitalization, traumas that lead to intense altered states and suicidal thoughts: these are the struggles of those labeled "mentally ill." While much

has been written about the systemic problems of our mental-health care system, this book gives voice to those with personal experience of psychiatric miscare often excluded from the discussion, like people of color and LGBTQ+ communities. It is dedicated to finding working alternatives to the "Mental Health Industrial Complex" and shifting the conversation from mental illness to mental health.

Race, Racism, Racial Justice

[Between the World and Me by Coates, Ta-Nehisi](#)

In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men--bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? *Between the World and Me* is Ta-Nehisi Coates's attempt to answer these questions in a letter to his adolescent son.

[Black & Blue: The Origins and Consequences of Medical Racism by Hoberman, John](#)

Black & Blue is the first systematic description of how American doctors think about racial differences and how this kind of thinking affects the treatment of their black patients. The standard studies of medical racism examine past medical abuses of black people and do not address the racially motivated thinking and behaviors of physicians practicing medicine today.

[Carry On: Reflections for a New Generation by Lewis, John](#)

Congressman John Lewis was a paragon of the Civil Rights Movement and political leadership for decades. A hero we won't soon forget, Lewis was a

beacon of hope and a model of humility whose invocation to "good trouble" continues to inspire millions across our nation. In his last months on earth, even while battling cancer, he dedicated time to share his memories, beliefs, and advice--exclusively immortalized in these pages--as a message to the generations to come.

[Caste: The Origins of Our Discontents by Wilkerson, Isabel](#)

In this brilliant book, Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched narrative and stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings. Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. Using riveting stories about people--including Martin Luther King, Jr., baseball's Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others--she shows the ways that the insidious undertow of caste is experienced every day.

[How to be an Antiracist by Kendi, Ibram X.](#)

Antiracism is a transformative concept that reorients and reenergizes the conversation about racism--and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. At its core, racism is a powerful system that creates false hierarchies of human value; its warped logic extends beyond race, from the way we regard people of different ethnicities or skin colors to the way we treat people of different sexes, gender identities, and body types. Racism intersects with class and culture and geography and even changes the way we see and value ourselves.

[How to Raise an Antiracist by Kendi, Ibram X.](#)

The tragedies and reckonings around racism that are rocking the country have created a specific crisis for parents, educators, and other caregivers: How do we talk to our children about racism? How do we teach children to be antiracist? How are kids at different ages experiencing race? How are racist structures impacting children? How can we inspire our children to avoid our mistakes, to be better, to make the world better?

[I'm Still Here: Black Dignity in a World Made for Whiteness by Channing Brown, Austin](#)

Austin Channing Brown's first encounter with a racialized America came at age seven, when she discovered her parents named her Austin to deceive future employers into thinking she was a white man. Growing up in majority-white schools and churches, Austin writes, "I had to learn what it means to love blackness," a journey that led to a lifetime spent navigating America's racial divide as a writer, speaker, and expert helping organizations practice genuine inclusion.

[Inventing Latinos: A New Story of American Racism by Gómez, Laura E.](#)

Latinos will comprise a third of the American population in just a matter of decades, but many Americans still struggle with two basic questions: Who are Latinos and where do they fit in America's racial order? In this "timely and important examination of Latinx identity" (Ms.), Laura E. Gómez, a leading critical race scholar, argues that it is only recently that Mexican Americans, Puerto Ricans, Cubans, Dominicans, Central Americans, and others are seeing themselves (and being seen by others) under the banner of a cohesive racial identity. And the catalyst for this emergent identity, she argues, has been the ferocity of anti-Latino racism.

[March: Book One by, Lewis, John & Aydin, Andrew](#)

Congressman John Lewis (GA-5) is an American icon and key figure of the civil rights movement. His commitment to justice and nonviolence has taken him from an Alabama sharecropper's farm to the halls of Congress, from a segregated schoolroom to the 1963 March on Washington, and from

receiving beatings from state troopers to receiving the Medal of Freedom from the first African-American president. Now, to share his remarkable story with new generations, Lewis presents *March*, a graphic novel trilogy, in collaboration with co-writer Andrew Aydin and New York Times best-selling artist Nate Powell (winner of the Eisner Award and LA Times Book Prize finalist for *Swallow Me Whole*).

[Me and White Supremacy: Combat Racism, Change the World and Become a Good Ancestor by Saad, Layla](#)

Based on the viral Instagram challenge that captivated participants worldwide, *Me and White Supremacy* takes readers on a 28-day journey, complete with journal prompts, to do the necessary and vital work that can ultimately lead to improving race relations. Updated and expanded from the original workbook (downloaded by nearly 100,000 people), this critical text helps you take the work deeper by adding more historical and cultural contexts, sharing moving stories and anecdotes, and including expanded definitions, examples, and further resources, giving you the language to understand racism, and to dismantle your own biases, whether you are using the book on your own, with a book club, or looking to start family activism in your own home.

[Minor Feelings: An Asian American Reckoning by Park Hong, Cathy](#)

Poet and essayist Cathy Park Hong fearlessly and provocatively blends memoir, cultural criticism, and history to expose fresh truths about racialized consciousness in America. Part memoir and part cultural criticism, this collection is vulnerable, humorous, and provocative--and its relentless and riveting pursuit of vital questions around family and friendship, art and politics, identity and individuality, will change the way you think about our world.

[One Drop: Shifting the Lens on Race by Blay, Yaba](#)

In the United States, a Black person has come to be defined as any person with any known Black ancestry. Statutorily referred to as "the rule of hypodescent," this definition of Blackness is more popularly known as the

"one-drop rule," meaning that a person with any trace of Black ancestry, however small or (in)visible, cannot be considered White. A method of social order that began almost immediately after the arrival of enslaved Africans in America, by 1910 it was the law in almost all southern states. At a time when the one-drop rule functioned to protect and preserve White racial purity, Blackness was both a matter of biology and the law. One was either Black or White. Period. Has the social and political landscape changed one hundred years later?

[One Person, No Vote: How Voter Suppression is Destroying Our Democracy by Anderson, Carol](#)

In her New York Times bestseller *White Rage*, Carol Anderson laid bare an insidious history of policies that have systematically impeded black progress in America, from 1865 to our combustible present. With *One Person, No Vote*, she chronicles a related history: the rollbacks to African American participation in the vote since the 2013 Supreme Court decision that eviscerated the Voting Rights Act of 1965. Known as the Shelby ruling, this decision effectively allowed districts with a demonstrated history of racial discrimination to change voting requirements without approval from the Department of Justice.

[Never Caught: The Washingtons' Relentless Pursuit of Their Runaway Slave, Ona Judge by Dunbar, Erica Armstrong](#)

When George Washington was elected president, he reluctantly left behind his beloved Mount Vernon to serve in Philadelphia, the temporary seat of the nation's capital. In setting up his household he brought along nine slaves, including Ona Judge. As the President grew accustomed to Northern ways, there was one change he couldn't abide: Pennsylvania law required enslaved people be set free after six months of residency in the state. Rather than comply, Washington decided to circumvent the law. Every six months he sent the slaves back down south just as the clock was about to expire.

[Pedagogy of the Oppressed by Freire, Paulo](#)

First published in Portuguese in 1968, *Pedagogy of the Oppressed* was translated and published in English in 1970. Paulo Freire's work has helped to empower countless people throughout the world and has taken on special urgency in the United States and Western Europe, where the creation of a permanent underclass among the underprivileged and minorities in cities and urban centers is ongoing.

[Race Talk and the Conspiracy of Silence by Wing Sue, Derald](#)

If you believe that talking about race is impolite, or that "colorblindness" is the preferred approach, you must read this book. *Race Talk and the Conspiracy of Silence* debunks the most pervasive myths using evidence, easy-to-understand examples, and practical tools. This significant work answers all your questions about discussing race by covering: Characteristics of typical, unproductive conversations on race, Tacit and explicit social rules related to talking about racial issues, Race-specific difficulties and misconceptions regarding race talk, Concrete advice for educators and parents on approaching race in a new way.

[Reproductive Injustice: Racism, Pregnancy, and Premature Birth by Davis, Dana-Ain](#)

Black women have higher rates of premature birth than other women in America. This cannot be simply explained by economic factors, with poorer women lacking resources or access to care. Even professional, middle-class black women are at a much higher risk of premature birth than low-income white women in the United States. Dána-Ain Davis looks into this phenomenon, placing racial differences in birth outcomes into a historical context, revealing that ideas about reproduction and race today have been influenced by the legacy of ideas which developed during the era of slavery.

[So You Want to Talk about Race by Oluo, Ijeoma](#)

Protests against racial injustice and white supremacy have galvanized millions around the world. The stakes for transformative conversations about race could not be higher. Still, the task ahead seems daunting, and it's hard to

know where to start. How do you tell your boss her jokes are racist? Why did your sister-in-law hang up on you when you had questions about police reform? How do you explain white privilege to your white, privileged friend?

[Stamped: Racism, Antiracism, and You by Reynolds, Jason & Kendi, Ibram X.](#)

The construct of race has always been used to gain and keep power, to create dynamics that separate and silence. This remarkable reimagining of Dr. Ibram X. Kendi's National Book Award-winning *Stamped from the Beginning* reveals the history of racist ideas in America, and inspires hope for an antiracist future. It takes you on a race journey from then to now, shows you why we feel how we feel, and why the poison of racism lingers. It also proves that while racist ideas have always been easy to fabricate and distribute, they can also be discredited.

[The 1619 Project by Hannah-Jones, Nikole](#)

In late August 1619, a ship arrived in the British colony of Virginia bearing a cargo of twenty to thirty enslaved people from Africa. Their arrival led to the barbaric and unprecedented system of American chattel slavery that would last for the next 250 years. This is sometimes referred to as the country's original sin, but it is more than that: It is the source of so much that still defines the United States.

[The Body Papers: A Memoir by Talusan, Grace](#)

Winner of The Restless Books Prize for New Immigrant Writing, Grace Talusan's critically acclaimed memoir *The Body Papers*, a New York Times Editors' Choice selection, powerfully explores the fraught contours of her own life as a Filipino immigrant and survivor of cancer and childhood abuse.

[The Color of Law: A Forgotten History of How Our Government Segregated America by Rothstein, Richard](#)

Widely heralded as a "masterful" (Washington Post) and "essential" (Slate) history of the modern American metropolis, Richard Rothstein's *The Color of*

Law offers "the most forceful argument ever published on how federal, state, and local governments gave rise to and reinforced neighborhood segregation" (William Julius Wilson). Exploding the myth of de facto segregation arising from private prejudice or the unintended consequences of economic forces, Rothstein describes how the American government systematically imposed residential segregation: with undisguised racial zoning; public housing that purposefully segregated previously mixed communities; subsidies for builders to create whites-only suburbs; tax exemptions for institutions that enforced segregation; and support for violent resistance to African Americans in white neighborhoods.

[The Immortal Life of Henrietta Lacks by Skloot, Rebecca](#)

Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor Southern tobacco farmer who worked the same land as her slave ancestors, yet her cells--taken without her knowledge--became one of the most important tools in medicine: The first "immortal" human cells grown in culture, which are still alive today, though she has been dead for more than sixty years. HeLa cells were vital for developing the polio vaccine; uncovered secrets of cancer, viruses, and the atom bomb's effects; helped lead to important advances like in vitro fertilization, cloning, and gene mapping; and have been bought and sold by the billions.

[The Latino Threat: Constructing Immigrants, Citizens, and the Nation by Chavez, Leo](#)

Directly opposing ideas constructed and perpetuated by pundits and the media at large, The Latino Threat challenges the suggestion that Latino immigrants are unwilling to integrate and reveals that citizenship is not just about legal definitions, but about participation in society.

[The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Alexander, Michelle](#)

Seldom does a book have the impact of Michelle Alexander's The New Jim Crow. Since it was first published in 2010, it has been cited in judicial decisions

and has been adopted in campus-wide and community-wide reads; it helped inspire the creation of the Marshall Project and the new \$100 million Art for Justice Fund; it has been the winner of numerous prizes, including the prestigious NAACP Image Award; and it has spent nearly 250 weeks on the New York Times bestseller list. Most important of all, it has spawned a whole generation of criminal justice reform activists and organizations motivated by Michelle Alexander's unforgettable argument that we have not ended racial caste in America; we have merely redesigned it. As the Birmingham News proclaimed, it is undoubtedly the most important book published in this century about the U.S.

[The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together by McGhee, Heather](#)

Heather McGhee's specialty is the American economy--and the mystery of why it so often fails the American public. From the financial crisis of 2008 to rising student debt to collapsing public infrastructure, she found a root problem: racism in our politics and policymaking. But not just in the most obvious indignities for people of color. Racism has costs for white people, too. It is the common denominator of our most vexing public problems, the core dysfunction of our democracy and constitutive of the spiritual and moral crises that grip us all. But how did this happen? And is there a way out?

[The Warmth of Other Suns: The Epic Story of America's Great Migration by Wilkerson, Isabel](#)

From 1915 to 1970, this exodus of almost six million people changed the face of America. Wilkerson compares this epic migration to the migrations of other peoples in history. She interviewed more than a thousand people, and gained access to new data and official records, to write this definitive and vividly dramatic account of how these American journeys unfolded, altering our cities, our country, and ourselves.

[Time Is a Mother by Vuong, Ocean](#)

In this deeply intimate second poetry collection, Ocean Vuong searches for life among the aftershocks of his mother's death, embodying the paradox of sitting within grief while being determined to survive beyond it. Shifting through memory, and in concert with the themes of his novel *On Earth We're Briefly Gorgeous*, Vuong contends with personal loss, the meaning of family, and the cost of being the product of an American war in America. At once vivid, brave, and propulsive, Vuong's poems circle fragmented lives to find both restoration as well as the epicenter of the break.

[We Gon' Be Alright: Notes on Race and Resegregation by Chang, Jeff](#)

In these provocative, powerful essays acclaimed writer/journalist Jeff Chang (*Can't Stop Won't Stop*, *Who We Be*) takes an incisive and wide-ranging look at the recent tragedies and widespread protests that have shaken the country. Through deep reporting with key activists and thinkers, passionately personal writing, and distinguished cultural criticism, *We Gon' Be Alright* links #BlackLivesMatter to #OscarsSoWhite, Ferguson to Washington D.C., the Great Migration to resurgent nativism.

[White Tears/Brown Scars: How White Feminism Betrays Women of Color by Hamad, Ruby](#)

Taking us from the slave era, when white women fought in court to keep "ownership" of their slaves, through the centuries of colonialism, when they offered a soft face for brutal tactics, to the modern workplace, *White Tears/Brown Scars* tells a charged story of white women's active participation in campaigns of oppression. It offers a long overdue validation of the experiences of women of color.

[White Fragility: Why it's So Hard for White People to Talk about Racism by DiAngelo, Robin](#)

In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people'" (Claudia Rankine). Referring to the defensive moves that white people

make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence.

[White Rage: The Unspoken Truth of Our Racial Divide by Anderson, Carol](#)

As Ferguson, Missouri, erupted in August 2014, and media commentators across the ideological spectrum referred to the angry response of African Americans as "black rage," historian Carol Anderson wrote a remarkable op-ed in The Washington Post suggesting that this was, instead, white rage at work. With so much attention on the flames, she argued, everyone had ignored the kindling.

[Why Are All the Black Kids Sitting Together in the Cafeteria? By Tatum, Beverly Tatum](#)

Walk into any racially mixed high school and you will see Black, White, and Latino youth clustered in their own groups. Is this self-segregation a problem to address or a coping strategy? How can we get past our reluctance to discuss racial issues? Beverly Daniel Tatum, a renowned authority on the psychology of racism, argues that straight talk about our racial identities is essential if we are serious about communicating across racial and ethnic divides and pursuing antiracism.

[Women, Race, & Class by Davis, Angela Y.](#)

Angela Davis provides a powerful history of the social and political influence of whiteness and elitism in feminism, from abolitionist days to the present, and demonstrates how the racist and classist biases of its leaders inevitably hampered any collective ambitions. While Black women were aided by some activists like Sarah and Angelina Grimke and the suffrage cause found unwavering support in Frederick Douglass, many women played on the fears of white supremacists for political gain rather than take an intersectional approach to liberation.

[The Broken Heart of America: St. Louis and the Violent History of the United States by Johnson, Walter](#)

A searing portrait of the racial dynamics that lie inescapably at the heart of our nation, told through the turbulent history of the city of St. Louis. From Lewis and Clark's 1804 expedition to the 2014 uprising in Ferguson, American history has been made in St. Louis. And as Walter Johnson shows in this searing book, the city exemplifies how imperialism, racism, and capitalism have persistently entwined to corrupt the nation's past. St. Louis was a staging post for Indian removal and imperial expansion, and its wealth grew on the backs of its poor black residents, from slavery through redlining and urban renewal.

[Yellow: Race in America Beyond Black and White by Wu, Frank H.](#)

Writing in the tradition of W. E. B. Du Bois, Cornel West, and others who confronted the color line of the twentieth century, journalist, scholar, and activist Frank H. Wu offers a unique perspective on how changing ideas of racial identity will affect race relations in the twenty-first century. Wu examines affirmative action, globalization, immigration, and other controversial contemporary issues through the lens of the Asian-American experience.

[Religion & Faith](#)

[American Islamophobia: Understanding the Roots and Rise of Fear by Beydoun, Khaled](#)

The term "Islamophobia" may be fairly new, but irrational fear and hatred of Islam and Muslims is anything but. Though many speak of Islamophobia's roots in racism, have we considered how anti-Muslim rhetoric is rooted in our legal system?

Using his unique lens as a critical race theorist and law professor, Khaled A. Beydoun captures the many ways in which law, policy, and official state rhetoric have fueled the frightening resurgence of Islamophobia in the United States. Beydoun charts its long and terrible history, from the plight of

enslaved African Muslims in the antebellum South and the laws prohibiting Muslim immigrants from becoming citizens to the ways the war on terror assigns blame for any terrorist act to Islam and the myriad trials Muslim Americans face in the Trump era.

[Ferguson and Faith: Sparking Leadership and Awakening Community](#)

The shooting death of Michael Brown in Ferguson, Missouri, reignited a long-smoldering movement for justice, with many St. Louis-area clergy stepping up to support the emerging young leaders of today's Civil Rights Movement. Seminary professor Leah Gunning Francis was among the activists, and her interviews with more than two dozen faith leaders and with the new movement's organizers take us behind the scenes of the continuing protests. Ferguson and Faith demonstrates that being called to lead a faithful life can take us to places we never expected to go, with people who never expected us to join hands with them.

[How to Fight Racism: Courageous Christianity and the Journey Toward Racial Justice](#)

In this follow-up to the New York Times Bestseller the Color of Compromise, Jemar Tisby offers an array of actionable items to confront racism. How to Fight Racism introduces a simple framework--the A.R.C. Of Racial Justice--that teaches readers to consistently interrogate their own actions and maintain a consistent posture of anti-racist behavior.

[Sexuality, Gender, & LGBTQIA+](#)

[Beyond the Gender Binary by Vaid-Menon, Alok](#)

In Beyond the Gender Binary, poet, artist, and LGBTQIA+ rights advocate Alok Vaid-Menon deconstructs, demystifies, and reimagines the gender binary. Pocket Change Collective is a series of small books with big ideas from today's leading activists and artists. In this installment, Beyond the Gender Binary, Alok Vaid-Menon challenges the world to see gender not in black and white, but in full color. Taking from their own experiences as a gender-

nonconforming artist, they show us that gender is a malleable and creative form of expression. The only limit is your imagination.

[Bodies and Barriers: Queer Activists on Health by Kendell, Kate, Levine, Rachel, & Shanker, Adrian](#)

LGBT people pervasively experience health disparities, affecting every part of their bodies and lives. Yet many are still grappling to understand the mutually reinforcing health care challenges that lead to worsened health outcomes. Bodies and Barriers informs health care professionals, students in health professions, policymakers, and fellow activists about these challenges, providing insights and a road map for action that could improve queer health.

[Gender Explorers: Our Stories of Growing Up Trans and Changing the World by Roche, Juno](#)

In this life-affirming, heartening and refreshing collection of interviews, young trans people offer valuable insight and advice into what has helped them to flourish and feel happy in their experience of growing up trans. Speaking openly and candidly about their gender, their experiences of coming out, their aspirations, and their fears - accompanied by interviews and support from their parents and carers - this book is beautiful proof of the potential for trans children to live rich and fulfilling lives when given the support and love they need.

[Gender Outlaws: The Next Generation by Bornstein, Kate](#)

Transgender narratives have made their way from the margins to the mainstream and back again, and today's trans and nonbinary people, genderqueers, and other sex/gender radicals are writing a drastically new world into being. Edited by the original gender outlaw, Kate Bornstein, together with writer, raconteur, and theater artist S. Bear Bergman, Gender Outlaws collects and contextualizes the work of this generation's trans and genderqueer forward thinkers--new voices from the stage, on the streets, in

the workplace, in the bedroom, and on the pages and websites of the world's most respected publications.

[Myths of Gender: Biological Theories about Women and Men by Fausto-Sterling, Anne](#)

By carefully examining the biological, genetic, evolutionary, and psychological evidence, a noted biologist finds a shocking lack of substance behind ideas about biologically based sex differences. Features a new chapter and afterward on recent biological breakthroughs.

[We Are Everywhere: Protest, Power, and Pride in the History of Queer Liberation by Riemer, Matthew & Brown, Leighton](#)

Through the lenses of protest, power, and pride, We Are Everywhere is an essential and empowering introduction to the history of the fight for queer liberation. Combining exhaustively researched narrative with meticulously curated photographs, the book traces queer activism from its roots in late-nineteenth-century Europe--long before the pivotal Stonewall Riots of 1969--to the gender warriors leading the charge today.

[Sissy: A Coming-Of-Gender Story by Tobia, Jacob](#)

Acting feminine labelled them a sissy and brought social isolation. It took Jacob years to discover that being a sissy isn't something to be ashamed of. It's a source of pride. Following Jacob through bullying and beauty contests, from Duke University to the United Nations to the podiums of the Methodist church--not to mention the parlors of the White House--this unforgettable memoir contains multitudes. A deeply personal story of trauma and healing, a powerful reflection on gender and self-acceptance, and a hilarious guidebook for wearing tacky clip-on earrings in today's world, Sissy guarantees you'll never think about gender--both other people's and your own--the same way again.

[The Beginner's Guide to Being a Trans Ally by Whittlesey, Christy](#)

What does cisgender mean? What are people saying when they refer to assigned gender? Why is it not OK to say 'preferred pronouns'? What is cis privilege? If you're curious about the answers to these questions and want to learn more, this book is for you. This easy-to-read guide offers information and advice to anyone wanting to understand more about trans experiences. It explains what gender identity is and arms you with the correct terminology to use. Filled with real-life examples and FAQs, it offers helpful strategies to navigate respectful conversations, speak up against transphobia and create inclusive relationships and spaces. It's the ideal tool for anyone wanting to become a better ally to transgender and/or nonbinary people.

[Transgender History: The Roots of Today's Revolution by Stryker, Susan](#)

Covering American transgender history from the mid-twentieth century to today, Transgender History takes a chronological approach to the subject of transgender history, with each chapter covering major movements, writings, and events. Chapters cover the transsexual and transvestite communities in the years following World War II; trans radicalism and social change, which spanned from 1966 with the publication of *The Transsexual Phenomenon*, and lasted through the early 1970s; the mid-'70s to 1990, the era of identity politics and the changes witnessed in trans circles through these years; and the gender issues witnessed through the '90s and '00s.

[Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity by Serano, Julia](#)

Julia Serano shares her experiences and insights--both pre- and post-transition--to reveal the ways in which fear, suspicion, and dismissiveness toward femininity shape our societal attitudes toward trans women, as well as gender and sexuality as a whole. Serano's well-honed arguments and pioneering advocacy stem from her ability to bridge the gap between the often-disparate biological and social perspectives on gender. In this provocative manifesto, she exposes how deep-rooted the cultural belief is that femininity is frivolous, weak, and passive.

Weight Bias & Sizeism

[Bodies Out of Bounds: Fatness and Transgression by Braziel, Jana Evans & Lebesco, Kathleen](#)

Since World War II, when the diet and fitness industries promoted mass obsession with weight and body shape, fat has been a dirty word. In the United States, fat is seen as repulsive, funny, ugly, unclean, obscene, and above all as something to lose. Bodies Out of Bounds challenges these dominant perceptions by examining social representations of the fat body.

[Fat Rights: Dilemmas of Difference and Personhood by Kirkland, Anna](#)

America is a weight-obsessed nation. Over the last decade, there's been an explosion of concern in the U.S. about people getting fatter. Plaintiffs are now filing lawsuits arguing that discrimination against fat people should be illegal. Fat Rights asks the first provocative questions that need to be raised about adding weight to lists of currently protected traits like race, gender, and disability.

[Heavy: An American Memoir by Laymon, Kiese](#)

In Heavy, Laymon writes eloquently and honestly about growing up a hard-headed black son to a complicated and brilliant black mother in Jackson, Mississippi. From his early experiences of sexual violence, to his suspension from college, to time in New York as a college professor, Laymon charts his complex relationship with his mother, grandmother, anorexia, obesity, sex, writing, and ultimately gambling.

[The Embodiment of Disobedience: Fat Black Women's Unruly Political Bodies by Shaw, Andrea Elizabeth](#)

Despite the West's privileging of slenderness as an aesthetic ideal, the African Diaspora has historically displayed a resistance to the Western European and North American indulgence in "fat anxiety." The Embodiment of Disobedience

explores the ways in which the African Diaspora has rejected the West's efforts to impose imperatives of slenderness and mass market fat-anxiety.